

SELF OBSERVATION



Purpose

The purpose of this activity is to identify strengths and weaknesses of one's own behavior / practice as a teacher and think about how to address the situation / conflict / behavior etc.

Preparation



Material

video camera, laptop



Room

chair, table for one person



Duration

45 minutes



Target group

student teachers, student teachers in internship, students



Setting

S-PLCs in seminar or internship



Application

beginning / middle / end of the S-PLC work

Description of the activity

The student-teachers observe their own behavior as a teacher in general, a certain situation in the classroom, a conflict situation etc. by watching a video of a real teaching situation. The aim is to gain awareness of possible problems, strengths, weaknesses etc. that can appear during teaching, why it did appear, what caused it, how his / her reaction was and how could he / she react in a better way, what was good in the situation seen in the video and why etc.

Documentation: student-teachers write down their thoughts, take notes

Additional information



Alternative

This activity could also be done in small groups of student-teachers of 4-6 people.